



1-800-273-TALK (8255)

New Call or Text Number 208-398-HELP (4357)

ISPH has voice enabled or crisis text number so calls from Idahoans with our of state cell phones ring directly into our center 24/7. Crisis text response hours to this same number are currently M-F 3 pm to Midnight.

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2014 (the most recent year available) Idaho had the 9th highest suicide rate, 46% higher than the national average.

- In 2015, 362 people completed suicide in Idaho; one suicide death every day.
- Between 2011 and 2015, 102 Idaho school children (age 18 and under) died by suicide. Twenty four of these were age 14 and under.

Staffing Information

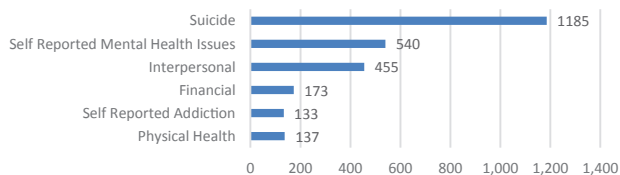
- This quarter volunteers contributed a total of 3,038 hours to ISPH- staffing the phones, conducting outreach, and helping train new volunteers, for an approximate in-kind value of \$58,330.
- Current staff consists of one full time Project Director, a full time Volunteer Coordinator, full Program Assistant 2 full time Phone Room Supervisors, 8 parttime Phone Room supervisors, 3 interns and an Americorp Volunteer (7.4 FTE).

Program Goals

- Complete infrastructure/ capacity upgrades
- Market Crisis Text Response Statewide
- Add Crisis Chat response
- Collaborate closely with new Statewide Suicide Prevention Program

Caller Issues

3rd Quarter 2016 Identified Caller Issues



"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"
— ISPH Volunteer

Call Statistics

July 1 to September 2016

	3 rd Quarter	2016
Total Calls Received	1,376 (1,389 contacts)	4,224
(SMS Texting Interventions)	13	19
First time (non-repeat) Callers	991	2,977 (70%)
Military Member / Families	233	680
Rescue Calls	26	80
Follow Up Actions Completed	153	405
Percentage of Calls W/ follow up Actions	11%	10%
Caller Age:		
10 - 14	27	104
15 - 19	122	371
20 - 24	115	354
25 - 34	98	384
35 - 44	101	338
45 - 54	160	458
55 - 64	191	575
65 - 74	47	132
75 - 84	6	12
85 +	0	0
Did not collect	522	1,515

Contacts by County

July 1 to September 2016

	2 nd Q	3 rd Q 2016	2 nd Q	3 rd Q 2016
Ada	351	305	959	
Adams	5	1	7	
Bannock	82	63	189	
Bear Lake	1	0	2	
Benewah	4	1	6	
Bingham	10	15	43	
Blaine	15	9	44	
Boise	2	3	8	
Bonner	45	30	86	
Bonneville	31	33	116	
Boundary	1	0	4	
Butte	10	0	10	
Camas	1	0	1	
Canyon	166	125	408	
Caribou	1	0	1	
Cassia	5	4	15	
Clearwater	0	0	2	
Clark	0	0	2	
Custer	3	1	5	
Elmore	13	14	29	
Franklin	4	3	12	
Fremont	12	16	56	
Gem	17	10	27	
Gooding	4	14	22	
Idaho	3	1	7	
Jefferson	3	4	9	
Jerome	3	14	21	
Kootenai	74	34	147	
Latah	23	60	114	
Lemhi	2	1	4	
Lewis	0	3	4	
Lincoln	0	2	3	
Madison	8	5	18	
Minidoka	8	5	19	
Nez Perce	42	40	111	
Oneida	1	0	1	
Owyhee	7	0	9	
Payette	4	6	12	
Power	1	0	3	
Shoshone	5	5	22	
Teton	0	1	4	
Twin Falls	61	54	152	
Washington	2	0	11	
Caller Refused	384	426	1,294	
unable to Collect				
Other*	61	81	224	
YTD Totals	1575	1389	4243	

Calls received by out of state callers with 208 area code cell phone numbers are handled like calls from Idaho until the initial crisis is resolved; then the phone worker performs a "warm transfer" connecting the caller to their nearest Crisis Center if appropriate or provides referrals.