



1-800-273-TALK (8255)

**New Call or Text Number
208-398-HELP (4357)**

ISPH has voice enabled our crisis text number so calls from Idahoans with out of state cell phones ring directly into our center 24/7. Crisis text response hours to this same number are currently M-F 3 pm to Midnight.

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2015 (the most recent year available) Idaho had the 5th highest suicide rate, 57% higher than the national average.

- In 2015, 362 people completed suicide in Idaho; one suicide death every day.
- Between 2011 and 2015, 102 Idaho school children (age 18 and under) died by suicide. Twenty four of these were age 14 and under.

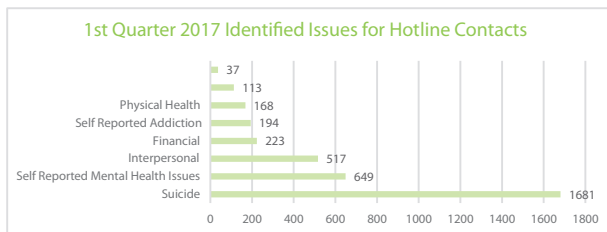
Staffing Information

- In 2016, 82 volunteers contributed a total of 3,389 hours staffing the phones this quarter, for an approximate in-kind value of approximately \$65,000.
- Current staff consists of one full time Project Director, a full time Volunteer Coordinator, full time Program Assistant, 2 full time Phone Room Supervisors, 9 part time Phone Room supervisors, and an Americorps Volunteer (7.88 FTE).

Program Goals

- Complete infrastructure/ capacity upgrades.
- Continue Marketing Crisis Text Response Statewide.
- Add Crisis Chat response.
- Collaborate with state prevention program.
- Continue sustainable funding strategies.

Caller Issues



Call Statistics

January 1 to March 31, 2017

	1 st Quarter
Total Contacts	2,034
Total Calls Received	1,870
(SMS Texting Interventions)	164
First time (non-repeat) Callers	1,379
Military Member / Families	285
Rescue Calls	35
Follow Up Actions Completed	172
Percentage of Calls W/ follow up Actions	3%
Caller Age:	
10 - 14	109
15 - 19	136
20 - 24	108
25 - 34	132
35 - 44	106
45 - 54	207
55 - 64	255
65 - 74	44
75 - 84	1
85 +	0
Did not collect	749

Contacts by County

January 1 to March 31, 2017

	1 st Quarter	1 st Quarter	
Ada	438	Jefferson	3
Adams	1	Jerome	9
Bannock	49	Kootenai	43
Bear Lake	1	Latah	50
Benewah	0	Lemhi	1
Bingham	13	Lewis	2
Blaine	7	Lincoln	0
Boise	2	Madison	7
Bonner	23	Minidoka	3
Bonneville	88	New Perce	25
Boundary	0	Oneida	0
Butte	0	Owyhee	1
Camas	0	Payette	14
Canyon	208	Power	0
Caribou	1	Shoshone	7
Cassia	5	Teton	2
Clark	0	Twin Falls	61
Clearwater	3	Valley	3
Custer	3	Washington	4
Elmore	4	Caller Refused or Responder Unable to Collect	702
Franklin	3	Outside Idaho*	253
Fremont	2	Total Contacts	2,065
Gem	10		
Gooding	5		
Idaho	1		

"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"
— ISPH Volunteer