



1-800-273-TALK (8255)
by JANNUS

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2013 (the most recent year available) Idaho had the 7th highest suicide rate, 47% higher than the national average.

- In 2013, 320 people completed suicide in Idaho; a slight increase from 2012.
- Between 2009 and 2013, 79% of Idaho suicides were by men.
- In 2013, 65% of Idaho suicides involved a firearm. The national average is 51%.
- 5.8% (1 in 7) of Idaho youth attending regular public and charter high schools reported seriously considering suicide in 2013. 7.0% (1 in 14) reported making at least one attempt.
- A ten percent (10%) reduction in Idaho suicide attempts can immediately save over \$4 million per year in medical costs alone. If the cost burden of suicide in Idaho was evenly distributed over the population (2008) the burden would amount to over \$250 for every person living in Idaho (Piland, 2010).

Staffing Information

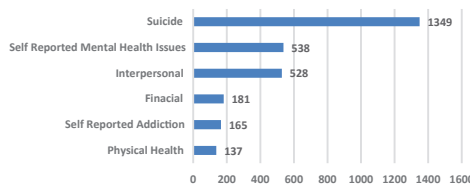
- This quarter volunteers contributed a total of 3,715 hours for an approximate value of \$64,000.
- Current staff consists of one full time Project Director, a full time Volunteer Coordinator, a full time phone room supervisor, 8 part time phone room supervisors, 4 interns and an Americorp Volunteer (6.5 FTE).

2016 Program Goals

- Continue rolling crisis text response out to 4 high schools per month.
- Add crisis chat response to existing phone and text response.
- Upgrade existing communications systems.
- Continue to increase statewide awareness of Hotline.

Caller Issues

2nd Quarter 2016 Identified Caller Issues



Call Statistics

April 1 to June 30, 2016

	1 st Q	2 nd Q	2016
Total Calls Received	1,279	1,569 (1575 contacts)	2,854
(SMS Texting Interventions)	0	6	6
Military Member / Families	166	281	447
Rescue Calls	31	23	54
	94	158	252
Percentage of Calls W/ follow up Actions	7%	10%	8%
Caller Age:			
10 – 14	37	40	77
15 – 19	99	150	249
20 – 24	107	132	239
25 – 34	164	122	286
35 – 44	120	117	237
45 – 54	126	172	298
55 – 64	149	235	384
65 – 74	40	45	85
75 – 84	2	4	6
85 +	0	0	0
Did not collect	435	558	993

Contacts by County

April 1 to June 30, 2016

	1 st Q	2 nd Q	2016
Ada	303	351	654
Adams	1	5	6
Bannock	44	82	126
Bear Lake	1	1	2
Benewah	1	4	5
Bingham	18	10	28
Blaine	20	15	35
Boise	3	2	5
Bonner	11	45	56
Bonneville	52	31	83
Boundary	3	1	4
Butte	0	10	10
Camas	0	1	1
Canyon	117	166	283
Caribou	0	1	1
Cassia	6	5	11
Clearwater	2	0	2
Clark	2	0	2
Custer	1	3	4
Elmore	2	13	15
Franklin	5	4	9
Fremont	28	12	40
Gem	0	17	17
Gooding	4	4	8
Idaho	3	3	6
Jefferson	2	3	5
Jerome	4	3	7
Kootenai	39	74	113
Latah	31	23	54
Lemhi	1	2	3
Lewis	1	0	1
Lincoln	1	0	1
Madison	5	8	13
Minidoka	6	8	14
Nez Perce	29	42	71
Oneida	0	1	1
Owyhee	2	7	9
Payette	2	4	6
Power	2	1	3
Shoshone	12	5	17
Teton	3	0	3
Twin Falls	37	61	98
Washington	9	2	11
Caller Refused unable to Collect	384	484	868
Other*	82	61	143

Calls received by out of state callers with 208 area code cell phone numbers are handled like calls from Idaho until the initial crisis is resolved; then the phone worker performs a "warm transfer" connecting the caller to their nearest Crisis Center if appropriate or provides referrals.

"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"
— ISPH Volunteer