



1-800-273-TALK (8255)

New Call or Text Number 208-398-HELP (4357)

ISPH has voice enabled our crisis text number so calls from Idahoans with out of state cell phones ring directly into our center 24/7. Crisis text response hours to this same number are currently M-F 3 pm to Midnight.

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2015 (the most recent year available) Idaho had the 5th highest suicide rate, 57% higher than the national average.

- In 2015, 362 people completed suicide in Idaho; one suicide death every day.
- Between 2011 and 2015, 102 Idaho school children (age 18 and under) died by suicide. Twenty four of these were age 14 and under.

Staffing Information

- In 2016, volunteers contributed a total of 13,483 hours to ISPH- staffing the phones, conducting outreach, and helping train new volunteers, for an approximate in-kin value of \$258,873.
- Current staff consists of one full time Project Director, a full time Volunteer Coordinator, full time Program Assistant, 2 full time Phone Room Supervisors, 9 part time Phone Room supervisors, 3 interns and an Americorps Volunteer (7.88 FTE).

Program Goals

- Complete infrastructure/ capacity upgrades.
- Continue Marketing Crisis Text Response Statewide.
- Add Crisis Chat response.
- Collaborate with state prevention program.
- Continue sustainable funding strategies.

Caller Issues

2016		
	4 th Quarter	YTD 2016
Suicide	37%	43%
Self-Reported Mental Health Issues	33%	36%
Interpersonal	28%	31%
Financial	13%	13%
Self-Reported Addiction	9%	10%
Physical Health	9%	9%

"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff."
— ISPH Volunteer

Call Statistics

2016

	4 th Quarter	2016
Total Contacts	1,730	5,973
Total Calls Received	1,682	5,906
(SMS Texting Interventions)	48	67
First time (non-repeat) Callers	70%	69%
Military Member / Families	272	952
Rescue Calls	27	107
Follow Up Actions Completed	146	551
Percentage of Calls W/ follow up Actions	8%	9%
Caller Age:		
10 - 14	32	136
15 - 19	137	511
20 - 24	114	468
25 - 34	104	489
35 - 44	117	458
45 - 54	211	674
55 - 64	204	770
65 - 74	59	200
75 - 84	0	11
85 +	3	3
Did not collect	749	2,253

Contacts by County

2016

	3 rd Q	4 th Q	2016
Ada	305	366	1325
Adams	1	0	7
Bannock	63	85	274
Bear Lake	0	0	2
Benewah	1	5	11
Bingham	15	13	56
Blaine	9	5	49
Boise	3	0	8
Bonner	30	19	105
Bonneville	33	78	194
Boundary	0	3	7
Butte	0	0	10
Camas	0	0	1
Canyon	125	167	575
Caribou	0	0	1
Cassia	4	13	28
Clark	0	0	2
Clearwater	0	1	3
Custer	1	0	5
Elmore	14	8	37
Franklin	3	0	12
Fremont	16	4	60
Gem	10	6	33

	3 rd Q	4 th Q	2016
Gooding	14	13	35
Idaho	1	1	8
Jefferson	4	1	10
Jerome	14	21	42
Kootenai	34	94	241
Latah	60	30	144
Lemhi	1	3	7
Lewis	3	2	6
Lincoln	2	0	3
Madison	5	6	24
Minidoka	5	1	20
Nez Perce	40	24	135
Oneida	0	0	1
Owyhee	0	0	9
Payette	6	8	20
Power	0	6	9
Shoshone	5	3	25
Teton	1	1	5
Twin Falls	54	45	197
Washington	0	2	13
Caller Refused unable to Collect	426	559	1,834
Other*	81	61	359
YTD Totals	1389	1730	5973