



**1-800-273-TALK (8255)**

## Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2012 (the most recent year available) Idaho had the 8th highest suicide rate, 44% higher than the national average.

- In 2013, 308 people completed suicide in Idaho; a slight increase from 2012.
- Between 2009 and 2013, 79% of Idaho suicides were by men.
- In 2013, 65% of Idaho suicides involved a firearm. The national average is 51%.
- 15.8% (1 in 7) of Idaho youth attending regular public and charter high schools reported seriously considering suicide in 2013. 7.0% (1 in 14) reported making at least one attempt.
- A ten percent (10%) reduction in Idaho suicide attempts can immediately save over \$4 million per year in medical costs alone. If the cost burden of suicide in Idaho was evenly distributed over the population (2008) the burden would amount to over \$250 for every person living in Idaho (Piland, 2010).

## Staffing Information

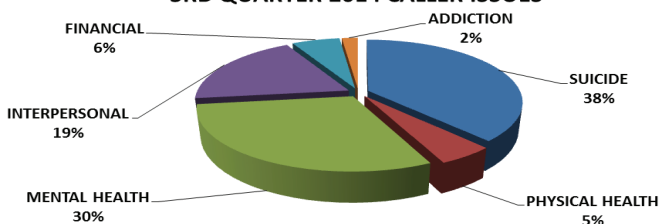
- ISPH has 50 trained volunteer phone responders. As of September Volunteers contributed 7660 hours in 2014, for an in-kind value of \$145,690.
- Current staff consists of one full time Project Director, a part time Volunteer Coordinator, 6 part time phone room supervisors and an Americorp Volunteer (4.4 FTE).

## 2014 Program Goals

- Incremental implementation of text/ chat response in addition to existing phone response.
- Increase level of volunteer staffing and statewide launch of Hotline Ambassador Program.
- Continue to implement sustainable funding strategies.
- Continue to increase statewide awareness of Hotline.

## Caller Issues

3RD QUARTER 2014 CALLER ISSUES



"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"  
— ISPH Volunteer

## Call Statistics

Idaho Suicide Prevention Hotline		
Call Statistics		
January 1 to September 30, 2014		
	3rd Quarter	Year to Date
Total Calls Received	734	1867
Military Members / Families	140	468
Rescue Calls (approximate)	30	100
<b>Caller Age:</b>		
10 - 14	26	76
15 - 19	87	215
20 - 24	53	155
25 - 34	85	195
35 - 44	37	111
45 - 54	70	185
55 - 64	123	383
65 - 74	21	62
75 - 84	10	16
85+	0	5
Didn't Report	222	464
<b>Total Calls Received</b>	<b>734</b>	<b>1867</b>

\*1st Quarter amount corrected from previous report

Idaho Suicide Prevention Hotline					
Calls by County					
January 1 to September 30, 2014					
County	3rd Quarter	Year to Date	County	3rd Quarter	Year to Date
Ada	216	506	Idaho	3	5
Adams	3	9	Jefferson	0	1
Bannock	36	98	Jerome	13	31
Bear Lake	3	3	Kootenai	94	306
Benewah	3	8	Latah	15	50
Bingham	4	20	Lemhi	0	3
Blaine	12	13	Lewis	1	2
Boise	16	26	Madison	4	16
Bonner	10	28	Minidoka	3	8
Bonneville	42	89	Nez Perce	8	19
Butte	1	6	Owyhee	3	7
Canyon	80	201	Payette	5	12
Caribou	2	2	Power	6	9
Cassia	4	11	Shoshone	2	11
Clearwater	1	7	Teton	1	3
Custer	0	4	Twin Falls	27	58
Elmore	6	14	Valley	2	5
Franklin	9	15	Washington	3	8
Fremont	1	2	Caller Refused/ Unable to Collect	66	172
Gem	3	6	* Other	22	64
Gooding	4	9	<b>Total Calls Received</b>	<b>734</b>	<b>1867</b>

\* Calls received by out of state callers with 208 area code cell phone numbers