



1-800-273-TALK (8255)
by JANNUS

Suicide in Idaho

Idaho is consistently among the states with the highest suicide rates. In 2013 (the most recent year available) Idaho had the 7th highest suicide rate, 47% higher than the national average.

- In 2013, 320 people completed suicide in Idaho; a slight increase from 2012.
- Between 2009 and 2013, 79% of Idaho suicides were by men.
- In 2013, 65% of Idaho suicides involved a firearm. The national average is 51%.
- 5.8% (1 in 7) of Idaho youth attending regular public and charter high schools reported seriously considering suicide in 2013. 7.0% (1 in 14) reported making at least one attempt.
- A ten percent (10%) reduction in Idaho suicide attempts can immediately save over \$4 million per year in medical costs alone. If the cost burden of suicide in Idaho was evenly distributed over the population (2008) the burden would amount to over \$250 for every person living in Idaho (Piland, 2010).

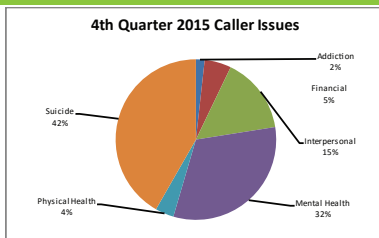
Staffing Information

- This quarter volunteers contributed 3613 hours to ISPH for an in-kind value \$62,400 for 2015, approximately \$233,000.
- Current staff consists of one full time Project Director, a full time Volunteer Coordinator, a full time phone room supervisor, 8 part time phone room supervisors, 4 interns and an Americorp Volunteer (6.5 FTE).

2015 Program Goals

- Incremental implementation of text/ chat response in addition to existing phone response.
- Increase level of volunteer staffing and statewide launch of Hotline Ambassador Program.
- Continue to implement sustainable funding strategies.
- Continue to increase statewide awareness of Hotline.

Caller Issues



"So many lives are touched by suicide, including mine. But I have long believed that we are given adversity as a teacher, as a path toward empathy, and as a tool. So I didn't hesitate to sign up as a volunteer for the new Idaho Suicide Prevention Hotline. It was a huge relief to learn that we would be properly trained; that we would have professional supervisors to guide us as needed; that there would be support on the hotline calls and their after-effects. And none of this went undone. I feel cradled by my peers and especially by the Hotline staff!"
— ISPH Volunteer

Call Statistics

Idaho Suicide Prevention Hotline

Call Statistics

October 1 to December 31, 2015

	4th Quarter	2015
Total Calls Received	1218	4866
Military Members / Families	128	617
Rescue Calls (approximate)	54	141
Follow Up Activities Completed	156	733
Percentage of Calls Receiving Follow Up Activities	13%	15%
Caller Age:		
10 - 14	35	139
15 - 19	110	462
20 - 24	111	414
25 - 34	163	633
35 - 44	98	422
45 - 54	161	487
55 - 64	96	656
65 - 74	32	122
75 - 84	3	20
85+	0	4
Didn't Report	409	1507
Total Calls Received	1218	4866

Idaho Suicide Prevention Hotline

Calls by County

October 1 to December 31, 2015

County	4th Quarter	2015
Ada	279	1203
Adams	4	19
Bannock	37	222
Bear Lake		4
Benewah	1	18
Bingham	6	46
Blaine	31	85
Boise	5	28
Bonner	21	117
Bonneville	33	194
Boundary	1	10
Butte	1	1
Camas		
Canyon	129	547
Caribou		5
Cassia	2	84
Clearwater	5	12
Clark		
Custer		6
Elmore	3	55
Franklin		5
Fremont	1	38
Gem	5	41

County	4th Quarter	2015
Gooding	3	13
Idaho	1	5
Jefferson	4	11
Jerome	4	28
Kootenai	46	394
Latah	37	70
Lemhi	2	22
Lewis	1	5
Lincoln		1
Madison	5	23
Minidoka	4	21
Nez Perce	11	112
Oneida		2
Owyhee	2	22
Payette	4	17
Power		8
Shoshone	7	32
Teton	2	3
Twin Falls	30	197
Valley	1	16
Washington	3	4
Caller Refused / Unable to Collect Data	433	848
* Other	54	272
Total Calls Received	1218	4866

* Calls received by out of state callers with 208 area code cell phone numbers

